

2008
Yacht Club of Cape St. Claire
Youth Sailing Program

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and Email Addresses**

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Come Sail With Us!

Welcome to the Yacht Club of Cape St. Claire's Youth Sailing Program. Summer of 2008 will mark our 35th year of sailing instruction. Our program is designed to teach the fundamentals of sailing, whether you are a beginner or an experienced sailor. Sailing is a recreational as well as a competitive sport that can be enjoyed for a lifetime. The purpose of the summer youth sailing program is to provide a safe instructional environment for an enjoyable summer of learning how to sail. At the end of the summer, each junior sailor will receive a certificate of completion and a lifetime of friends and memories.

All the YCCSC Youth Sailing Program instructors are at least 18 years of age, are US Sailing Level I Instructor Certified, and hold current First Aid/CPR cards. The staff employ 3 motorized boats for instruction and safety. Classes are sailed in 9 program owned 420s, a 14' sloop-rigged sailboat for 2-3 young sailors, or in Vanguard and Optimist prams, designed to be captained by a single sailor.

420 CLASS DESCRIPTION:

Beginning Sailing: This class is a basic introduction to the sport of sailing for ages 10 and older. No experience is needed. The student will learn safety, the parts of the boat, rigging, steering, sail trim, knots, and docking. The student will leave the class with a basic knowledge of skippering and crewing on a boat on all points of sail. 60 hours of instruction in 420s.

Intermediate Sailing: This class is for the student who has completed or demonstrated the skills taught in the Beginning Sailing class. Emphasis is on perfecting previously learned skills, teamwork, man-over-board, seamanship, and acquiring more self-confidence. 60 hours of instruction in 420s.

Class Sessions and Costs

Class	Dates		Resident Cost	Non-Resident Cost
Session #1	June 30 – July 11	9:00 a.m. - 4:00 p.m.	\$275	\$375 <i>(no class July 4th)</i>
Session # 2	July 14– July 25	9:00 a.m. - 4:00 p.m.	\$275	\$375
Session #3	July 28 – August 8	9:00 a.m. - 4:00 p.m.	\$275	\$375

We are pleased to be able to offer a class specifically designed for the young sailor. This class is geared to children 8 and 9 years of age who weigh less than 115 pounds. This is a wonderful opportunity for younger children to learn sailing basics in a boat just their size. Our 3 Vanguard and 6 Optimist prams will be used in this class. These are extremely stable sailboats designed specifically for the young, entry level sailor, combining minimal controls and maximum safety. Each child will have his/her own boat and individualized instruction, with a student/teacher ratio of 4:1. Classes will be 1/2 days to accommodate the younger child. Class size limited. Please be sure your child is aware they are alone in the boat.

Program fee is \$170 for Cape residents and \$215 for non-Cape residents.

Session Dates: See Above

Morning Session: 9:00 a.m. to 12 noon OR Afternoon Session: 1:00 to 4 p.m.

Full day Optimist Pram sessions are available for students who have at least one year of experience sailing prams. Acceptance by permission of the instructors only. Please note on your registration forms if you wish your child(ren) to be considered for the full day Optimist pram class.

Eligibility and Basic Requirements

Eligibility:

The student must be at least 8 years old and not older than 17 years old as of September 1, 2008. The program is primarily open to Cape St. Claire residents and then to non-residents on a space-available basis. A Cape St. Claire resident includes a child, a foster child, a legal dependent, or a grandchild of an adult who is an owner of real property, or has his/her permanent residence within the Cape St. Claire Benefits Tax District.

Swimming Ability:

Each student will be checked by the instructors to assure they meet the minimum swimming requirement of swimming with shoes on for 25 yards and tread water for one minute. No swimming aids of any kind (such as kickboards, floaties, etc) will be allowed. They will also be asked to put on a lifejacket while in the water. Students unable to pass the swim check will not be allowed to participate in the program.

Lifejacket:

Each child must supply and wear his/her own US Coast Guard-approved Type III lifejacket (PFD) while on or near the water. Please clearly mark the students name on the PFD and make sure the PFD is comfortable and the appropriate size.

Parent-of-the-Day:

Each child's parent (or adult substitute) must schedule one full day (or two half days) per student per session as an adult supervisor. This "Parent-of-the-Day" duty is to help the program, and no sailing experience is necessary.

Parent Orientation:

Each parent must attend the Parent Orientation Program on Sunday, June ??rd at Lake Claire at 7:00 PM. Students are welcome to attend as well.

Textbook:

All participants must have a copy of the book, *Start Sailing Right*, on the first day of class. This book may be ordered when registering. Students should bring paper and pencil to class each day. New students can order these books on the Application Form.

Shoes:

Boating or tennis shoes must be worn at all times, and they will get wet. Sandals (including Teva-type) are not acceptable.

Important Dates:

Deadline for applications and payment:

Please note that applications and medical forms must be complete to enroll the student and must be accompanied by full payment. Preference is given in the order that applications are received, with special consideration to 2007 program graduates and Cape St. Claire residents **until March 31st or until the session is full, whichever comes first.**

Parent and Regatta Participation Orientation:

Sunday, June 8th, 7:00 PM at Lake Claire Beach (attendance required for regatta participation)

Family Awards Ceremony:

August 22, 2008, 7:00 PM at the Cape St. Claire Clubhouse.

Top Ten Questions Most Frequently Asked About the Program

- 1. Does my child have to own a boat?** No, the sailing program supplies sailboats for the basic sessions.
- 2. How well does my child have to swim?** Although your child will wear a PFD at all times, on the first day of class he/she must demonstrate the ability to swim 25 yards without floatation or other support and to tread water for one minute. Do not enroll your child if he/she cannot swim.
- 3. What should my child bring to class each day?** PFD, extra dry clothes, sack lunch (if full day session), towel, full water bottle, sunscreen, hat, sunglasses, rain poncho, and a good attitude.
- 4. Is class held on rainy days?** Yes, if it is only rain showers. If there is severe weather (lightning and thunderstorms), classes will be cancelled due to minimum shelter on the beach. If classes must be cancelled because of storms during the day, you will need to make arrangements to pick up your child early.
- 5. When do the kids have to be there?** Class begins promptly at 9:00 a.m. and is dismissed promptly at 4:00 p.m. for full day students. Students who are late to class may be denied attendance that particular day. The program is not responsible for the safety of the students outside of class time. If your child will be absent, please contact the head instructor.
- 6. Can my child attend more than one session?** Of course! We hope your child loves sailing that much!
- 7. What if both parents work and cannot take a day off for Parent-of-the-Day duty?** Try extra hard! It is a good break for you and time with your child is never wasted. If you truly cannot afford one day for your child, you must recruit an adult friend or relative to take your place. As a last resort, contact the Parent-of-the-Day coordinator. Parents will receive a list of other families in their session on the first day of the session and are responsible for making last minute arrangements for coverage once the schedule has been set.
- 8. Can the program boats be used outside of class time?** No.
- 9. What is the maximum student/instructor ratio?** 6:1 on shore and 4:1 (sailboat:safety boat) ratio on the water.
- 10. Can I get a refund for the program?** No tuition will be refunded after the start of a session. Refunds may be allowed if a student withdraws from a class prior to the start of the session, providing the registrar is able to replace the student prior to the first day of the session. Registration is nontransferable, and applies only to the student for which acceptance is granted.

YCCSC Youth Sailing

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